

Athanasius of Mt.
Athos

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Galatians 5:22-6:2  
Matthew 8:28-9:1

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Homily by
Subdn. Chris Kies

Epistle Reader:
Stan Snider

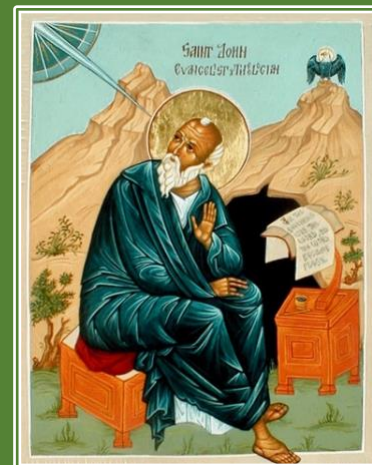
Coffee Hour Hosts:
Lineer / Griffith

St. John Orthodox Cathedral Weekly Bulletin



Sunday, July 5, 2026

And the Days Following



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Next Sunday...

Celebrate Tim Mellor's Ordination as a Deacon - July 12

Help us celebrate by bringing a plate of cupcakes and chips to Church for Coffee Hour that Sunday. Drinks and sandwiches will be provided by the Church.



On Saturday, July 4, Tim Mellor, our Parish Administrator, will be ordained Deacon Timothy by Bishop Anthony at the Parish Life Conference in San Diego. Tim has prepared himself for this day by completing three years of study in the Saint Stephen's correspondence course that also included a week of studies each year at Antiochian Village in Pennsylvania. In the fall of last year, he petitioned Metropolitan Saba for ordination and then met with Bishop Anthony at the Clergy Seminar in California this past February. We thank God that Tim and Lori are willing to undertake this ministry of service to our Parish. We will celebrate Tim's ordination on the following Sunday, July 12, when he and Lori return. This is an exciting and important event for our Parish. **Axios, Tim!** "Axios" is Greek for "He is worthy!" repeated many times in the ordination service by the Bishop and the people.



Coffee Hour This Sunday - July 5, 2026
Group Matthew (1) - First Sunday of the Month

Hosts Families: Lineer / Griffith

Snacks: Abel, Amundson, Betson, Clodfelter, Culton, Curry, Dozier, J & B Dunaway, Finkler, G & J Gillquist, H Gillquist, Grasse, G & A Ihde, Haley, Hightower, D & A Jenkins, K & G Jones, Kelly, Klatt, Lamb, Lineer, K & J Medders, Mee, Okuley, Patras, N & M Ray, Sluz, Stallman, Stogsdill, Terrell, Webster

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**Next Sunday, July 12 – Special Coffee Hour to Celebrate Tim Mellor's Ordination as a Deacon**  
Church will Provide Sandwiches and Drinks. Help us Celebrate by bring cupcakes and chips.

**Save the Date...**



## **Saint John's Eagle River Institute**

**August 1-5, 2026**

**Brochures Available in the Narthex**

### **Register Now for Eagle River Institute Meals and Childcare**

Our annual Institute now provides childcare for ages 1-10 so parents can attend sessions more easily. We also provide meals between classes on weeknights for attendees. It is important that everyone register today so we can arrange childcare and meals: [ERI Registration 2026](#). The brochure provides detailed information about topics and a schedule: [ERI Brochure 2026](#). The ERI website will be updated with this information soon.

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### *St. James House Weekly News*



**St. James House Café**  
**Come Sit and Enjoy a Cup of Coffee and**  
**Catch Up With Friends**  
**Tuesdays and Thursdays 8am to 9am**

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### *News From Our Antiochian Archdiocese*



Writings by Metropolitan Saba: [What can we learn from America's first Orthodox bishop?](#)

**[Special Edition!](#) The WORD Celebrates The Order of St. Ignatius of Antioch**

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### *Local Community News*



#### ***Fireworks Reminder...***

In the Municipality of Anchorage, which includes Eagle River and Girdwood, all fireworks are illegal, including sparklers and bottle rockets. The use of fireworks is punishable by a fine of up to \$300, [according to the Municipality of Anchorage](#). This ban applies year-round and is strictly enforced, [according to the Anchorage Police Department](#).

The Anchorage Fire Department encourages residents to enjoy fireworks displays at local events instead of using personal fireworks, according to the Anchorage Fire Department. Here is a [link](#) where you can enjoy fireworks and 4<sup>th</sup> of July celebrations. (*So, let's respect our neighbors and our neighbors' animals.*)

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## *Notes and Pictures from Parishioners*

### **“Checking In” with Each Other**

Is there something you'd like to share? Please email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

### ***A Note Shared from Bradley Forbes to Fr. Marc...***

“My time here has truly transformed the way I see life. Through your guidance and the warmth of this community, I’ve grown in ways I never expected, spiritually, personally, and in the way I understand what it means to belong to an Orthodox family. St. John’s has been a blessing I will carry with me wherever I go. I am deeply grateful for the kindness, support, and faith shared with me here. The impact this parish has had on my life is something I will continue to share with others. There are so many people I would thank personally—if I tried to put it all into one message, it would be several pages long. Please know that I will definitely be back to visit whenever I am home. Thank you again for everything, and this community and everyone here will forever hold a place in my heart.”

—With heartfelt gratitude, Bradley.



### ***Items Found in Church Library***

If these items are yours – come to the church office to claim.

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## *Dates to Remember*



### ***Men's Book Club - Wednesdays 7-8pm***

We will meet at the St. James House. If you have any questions, you can text Sam Lowry at 616-928-5181. (Subdn. Chris Kies will lead the group while Sam is away.)

### ***Birthdays This Week***

July 9 - Anna Drennan

July 12 - Tanna Terrell

July 11 - Ira Dunaway

**M A N Y   Y E A R S !**





## *Anniversaries This Week*

Bob & Phebe Dyal - July 5, 2010

Hans & Pinja Culton - July 5, 2019

*M A N Y   Y E A R S !*

## *Clare House Meal - 4th Saturday of Each Month*

For the Month of **JULY** – our scheduled meal that we provide Clare House is:

**Saturday, July 25.** Contact Cara Fletes to see how you can help.



## *Remembering in Prayer...*

*Jennifer Saur*

*Sam Stogsdill*

*Travis Cook*

*Sylvia Villafana*

*Matt Komar*

*Ben Polson*

*For those suffering from the devastation of war*

## *Remembering Those Who Have Fallen Asleep This Month*



\* *Presbyter Daniel Arthur Ryan - July 7, 1984*

\* *Theodore Max Wells - July 14, 2009*

\* *Marlene Faye Dyal - July 24, 2005*

\* *Robert Guio - July 27, 2024*

*M E M O R Y   E T E R N A L !*

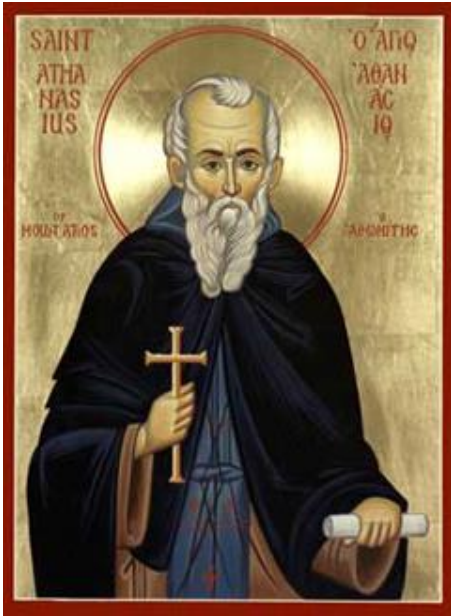
### **Bulletin Announcement Guidelines**

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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## THE SYNAXARION

### Athanasius of Athos – July 5



On July 5, in the Holy Orthodox Church, we commemorate our Venerable and God-bearing Father Athanasius of Athos, and his six disciples who died with him.

#### *Verses*

*Anthony the Great was the founder of monasticism,  
And divine Athanasius, their godly culmination.*

*On the fifth, Angels took Athanasius and his disciples to the  
City of God.*

Born of God-fearing parents in Trebizond in modern Turkey, he was left destitute early, but by the providence of God, a high-ranking army officer took him to Constantinople and educated him there. Finishing his schooling, Athanasius eventually moved to the Holy Mountain to live in silence and strict asceticism. Many, desirous of the ascetic life, began to gather round him and he was constrained to build the famous Lavra monastery. The Byzantine Emperors gave him generous help in this. Manifold temptations came upon Athanasius, from demons and from men, but as a valiant soldier of Christ, he resisted and overcame them all by his immense humility and unceasing prayer to the living God. Filled with the grace of God, he was found worthy to behold the most holy Mother of God, who miraculously brought forth water from a rock. Death came to him suddenly in 1003. He, together with six of his monks, had climbed up onto a newly constructed part of the church to inspect a wall when the wall fell in and buried them all. Athanasius appeared several times to his brethren after his death, to console or rebuke them.

On this day, we also commemorate the Venerable hieromartyr Cyprian of St. George Kelli on Athos; Venerable Lampados of Irenopolis; the 23 martyrs of Lesvos; and Venerable Sergius the wonderworker of Radonezh. By their intercessions, O Christ God, have mercy on us. Amen.

By the intercessions of Your Saints, O Christ God, have mercy upon us. Amen.

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### Saint John Orthodox Cathedral

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◦ Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway ◦ Assistant Priest: Fr. Robert Polson